

WEEKLY DOCTRINE INTEGRATION TRACKER

"Understand – Wrestle – Apply"

Week _____

Doctrine Topic: _____

1 What I Understood Clearly

What truth became sharper or more meaningful to me this week?

✓ _____

✓ _____

✓ _____

Key concept I can now explain in one sentence:

Scripture that stood out most:

2 What Challenged or Confused Me

What questions remain?

Where did I feel tension, doubt, or intellectual resistance?

✓ _____

✓ _____

✓ _____

Is this confusion emotional, theological, or practical?
(circle one)

Emotional / Theological / Practical

What step will I take to seek clarity?

- Re-read the section
 - Study the Scripture reference
 - Ask a mentor/pastor
 - Pray specifically about it
 - Other: _____
-

3 Personal Conviction & Heart Response

Did this doctrine:

- Comfort me
- Correct me
- Confront me
- Encourage me
- Stretch my thinking

Why?

Is there an attitude or belief I need to realign with Scripture?

4 Practical Application This Week

Because this doctrine is true, I will:

Spiritual Action:

Relational Action:

Behavioral Change:

Specific measurable step (within 7 days):

5 One-Sentence Anchor Truth

Write one sentence that summarizes this week's doctrine in your own words:

6 Prayer of Alignment

Lord, because this doctrine reveals _____,

help me to live differently by _____.

Shape my mind, heart, and actions according to Your truth. Amen.

Optional Advanced Section (for mature readers)

Doctrine & Worldview Impact

How does this doctrine change how I see:

God?

Humanity?

History?

My daily priorities?
